



Dr. Lisa Barrington is an organizational psychologist, ICF certified coach, speaker, and university instructor. Lisa has guided organizations of all sizes, across multiple industries to improve their organizational health. Lisa harnesses her unique blend of experience and education in both business + psychology to bolster [transformation](#) of senior and executive leaders and teams. Leveraging her expertise in workplace strategy and organizational development, Lisa has partnered with organizations to [build cohesive teams](#), increase leadership effectiveness, deepen [employee engagement](#), and improve business results.

Lisa's passion for [developing leaders](#) goes beyond the workplace and into the classroom. Lisa has spent over 15 years facilitating undergraduate and graduate level courses in organizational behavior, general management, leadership, innovation, human resources, business law, business ethics, and compensation and benefits.

Lisa's work has been published in [Forbes Online](#) and The [Association for Talent Development](#) and her thoughts on the workplace have appeared in various outlets including the Associated Press, US News and World Report, CNBC, Journal of Accountancy, SHRM, CIO Magazine, and Fast Company. Lisa has spoken about organizational effectiveness in front of several audiences, including the [Western Association of College and University Business Officers](#), the Society for Human Resources Management, and at Arizona State University.

Lisa holds a Ph.D. in Organizational Psychology. During her doctoral program Lisa spent several years researching the elements that create [high employee engagement](#) in organizations. She holds a Bachelor of Science in Business Administration and a Master of Arts in Organizational Management. She is a certified coach ([PCC](#)) through the International Coach Federation as well as a Board Certified Coach ([BCC](#)). Additionally, Lisa is certified as a Senior Professional in Human Resources ([SPHR](#)) through the Human Resources Certification Institute and a Senior Certified Professional through the Society for Human Resources ([SHRM-SCP](#)). Lisa utilizes several assessments in her practice such as MBTI, EQ-i 2.0, EQ-I 360, DISC, CliftonStrengths, TKI, Five Behaviors of a Cohesive Team, VIA Character Strengths and is certified in several of these instruments. Lisa is an appreciative inquiry affiliate.